WELLSPENT MARKET

Pasta al Forno with Green Beans

Serves 4-6 | 10 minutes prep + 1 hour and 15 minutes cook time

Jim's riff on the classic pasta al forno (baked pasta) found throughout Italy uses fresh-frozen Oregon green beans to bring a bit of color to this cozy winter dish. Relying on common pantry ingredients, it's easy to pull together without a trip to the grocery store and its cheesy creaminess is a hit with kids and grown-ups alike.

½ lb penne pasta (fusilli works too)*

4 tablespoons extra virgin olive oil, divided

1 bag frozen Oregon Green Beans

1 ¹/₂ cups Bianco Dinapoli crushed tomatoes

3 cloves garlic, chopped (or ¼ teaspoon garlic powder)

¹/₂ teaspoon dried oregano (or 2 teaspoons fresh, chopped oregano leaves)

8 oz mozzarella cheese, grated

3 tablespoons AP flour

1¹/₂ cup milk

2 oz (about ½ cup) grated parmesan cheese

*freeze the remaining tomatoes from the 28 oz can for another use, substitute any pasta that's roughly the same size and shape as the green beans Step 1 Preheat the oven to 350F.

Step 2 Cook the pasta according to the package directions. Drain, saving about a ¹/₄ cup of the pasta cooking liquid. Return the drained pasta to the pot, toss with about 1 tablespoon of olive oil and the reserved liquid.

Step 3 Add the frozen beans, tomatoes, garlic, mozzarella, and oregano to the cooked pasta and stir to combine. Taste and add salt if needed. Transfer to a 9 X 13 inch baking dish or similarly sized skillet.

Step 4 Make the olive oil and parmesan besciamella: combine 3 tablespoons of olive oil and the flour in a small saucepan over medium heat. Cook, stirring occasionally, until the mixture begins to bubble, then add the milk and stir well to combine. Bring to a boil, cook for about 3 minutes, then remove from the heat and stir in the parmesan.

Step 5 Spread the besciamella over the top of the pasta mixture. Bake uncovered until the top is nicely browned, about 45 minutes.