WELLSPENT MARKET

Lemon-Rosemary Olive Oil Cake

Recipe courtesy of Alicia Kennedy Make one 8" or 10" layer cake | 20 minutes prep + 20 minutes cook time

Alicia Kennedy writes about food, but she's not a food writer. At least not in the traditional sense. While food may be her subject, she puts what we eat into a broader cultural, political, and human perspective. As she said in an interview published online by the Creative Independent, "I realized I could no longer write in this tone where I don't take everything seriously. How things taste, how we cook them and the joy we take in that is so important, but that can't be the only thing we talk about."

Subscribe to her newsletter and read about everything from the history of corn to the negative impact of capitalism on the quality of our food to the problem with celebrity chefs to how eating oysters helped her deal with grief. All of her work is written with the direct honesty that marks the best writing no matter the genre.

And since the best food writers are also good cooks, Kennedy includes missives about what she's making and eating. She once worked as a vegan baker and now lives in Puerto Rico without ready access to many animal-based ingredients stateside cooks depend on, so she knows how to get familiar flavors and textures using simple substitutes. Her lemon rosemary cake is a good example. You probably have everything you need in your pantry already. Just start cooking.

You can read more of Kennedy's work on her website (alicia-kennedy.com), and her book, No Meat Required: The Cultural History and Culinary Future of Plant-Based Eating, comes out in August 2023.

About 1 tablespoon each lemon	Step 1 Grease cake pan and line with parchment. Preheat the oven to 350 F.
zest and chopped rosemary (dried or fresh)	Step 2 Using an immersion blender or even just a fork, stir up the lemon zest and rosemary with the sugar until the zest and rosemary are well distributed.
100 grams cane sugar	
290 grams or 1 1/4 cup milk of choice	Step 3 In a large mixing bowl, add the flavored sugar, milk, lemon juice, olive oil, and vanilla. Whisk until well combined.
Juice of 1 large or 2 small lemons (about 2–3 tablespoons)	Step 4 In another mixing bowl (medium or large), whisk the dry ingredients: flour, starch, baking powder, baking soda, and salt. Pour into the wet ingredients and whisk until a thick batter forms with most lumps smoothed.
88 grams olive oil	Step 5 Pour the batter into the prepared cake pan and bake until a toothpick inserted into the center comes out clean, about 20 minutes.
2 teaspoons vanilla	
210 grams all-purpose flour	Step 6 Let cool, then dust with powdered sugar or a glaze made with 150 grams powdered sugar and the juice and zest of one lemon whisked in.
2 tablespoons arrowroot or cornstarch	
3/4 teaspoon baking powder	
1/2 teaspoon baking soda	
1/2 teaspoon salt	